

Scott's Fall/Winter Semester

August 31, 2009 - February 20, 2010

Aug/September 2009						
Su	M	T	W	Th	Fr	Sa
	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			


October 2009						
Su	M	T	W	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2009						
Su	M	T	W	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2009						
Su	M	T	W	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2010						
Su	M	T	W	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

February 2010						
Su	M	T	W	Th	Fr	Sa
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20

 Shaded dates = no class

✦ Each class will meet 23 times during the semester

✦ Make-ups: You are welcomed to make up any missed classes at no charge, at any of the following classes throughout the semester:

- Monday 7:15pm Yoga Flow "Plus"
- Thursday 3:45pm Yoga Flow "Meditation in Motion"
- Friday 5:30pm Friday Evening Yoga
- Saturday 8:00am Saturday Morning Yoga Workout

Please call Scott at 802-257-1926 four or five days in advance of any make-up class you wish to attend.